

Dear St. X Students, Parents, and Friends,

Greetings from Saint Xavier! I hope this bulletin finds you well and enjoying the last few weeks of our summer season. While the spirit of summer is beginning to wane, the arrival of September certainly generates a feeling of excitement in me as I anticipate the seasonal changes that bring cooler temperatures and the beautiful transformation of our deciduous landscape; the awe of Mother Nature fills me with great hope.

With the arrival of this bulletin, we will be on track to begin our third week of school. Hopefully, all of our students have settled in nicely and have developed greater confidence with the new school year. I also hope your son has been willing to share some details regarding his new experiences and is motivated to get involved in the life of the school. Because the expectations of school and being a teenager in today's world can certainly stir up unhealthy levels of stress and anxiety, it is important for our students to find ways to offset and minimize these pressures. I always encourage students to get involved in a couple of extracurricular activities or clubs because it not only provides them with an additional perspective on the life of the school, but it also introduces them to students with similar interests and gives them a chance to take a break from all of the academic requirements. Parents, just a little advice: it should be an expectation and requirement for your son to be involved in at least one extracurricular activity. If your son should have any problems joining an extracurricular program or is experiencing some transitional difficulties, his guidance counselor is ready and willing to assist with all aspects of his school needs.

Finally, I would like to thank all of the faculty, staff, and administrators personally for their diligent work in creating a smooth start to the 2019-2020 school year; we make a great team, and I am so grateful for their hard work and dedication to our students, parents, and school community. In our opening school meetings with faculty, staff, and students, I spoke about the power of positivity and provided a charge to the entire community to be responsible for investing their time and energy to create a positive school culture. Because I believe wholeheartedly that a positive culture is the foundation or bedrock of a successful team, school, or organization, we are all responsible for creating a culture that challenges each member of our school community to pursue excellence in all endeavors. As partners in your son's educational and formational experiences, we all have an essential role to play in his development. Unfortunately, he may be faced with different types of adversity and negativity, but the more we model resilience, optimism, vision, and purpose, the greater chance we have of teaching him the power of positivity and how it will aid in his success.

Lastly, our fall sports teams are primed and ready to compete for state championships, but they need our support. If possible, I encourage you to attend a game or match of your choice and cheer loudly and proudly for our tigers; I am sure our young men would appreciate your support.

I wish you and your family a safe and happy Labor Day weekend!

Go Tigers,

A handwritten signature in black ink that reads "Francisco M. Espinosa, Jr." The signature is written in a cursive style with a large, stylized initial 'F'.

Francisco M. Espinosa, Jr.
Principal