



May 2023

Dear Students and Parents:

As you end this school year and look forward to summer, we are preparing for the 2023-2024 athletic season. Part of this preparation includes reminding you of the opportunities to participate in the school community. Academic, social, and extra-curricular endeavors are all important to the Saint Xavier experience. I am writing to encourage you to become involved in all aspects of our school and to provide you with important information about participating in the athletic program.

Saint Xavier provides a comprehensive program of athletics. Thirteen sports sanctioned by the Kentucky High School Athletic Association (KHSAA) are available for Saint Xavier students. Cross Country, eSports, Football, Golf, and Soccer are offered in the fall season. Archery, Basketball, Bowling, Swimming & Diving, and Wrestling, are the winter sports. In the spring, the KHSAA programs include Baseball, Bass Fishing, Tennis, and Track & Field. In addition, the Athletic Department provides club sport opportunities in Ice Hockey, Lacrosse, Powerlifting, Rowing, Rugby, and Volleyball. This letter is your personal invitation to become involved.

The 2023-2024 Saint Xavier Athletic Participation Handbook is available online on the **ATHLETICS** page of the St. X website at www.saintx.com. Be sure to familiarize yourself with all of our department policies, procedures, and forms as well as KHSAA guidelines.

All participants in the Saint Xavier athletic programs are required to complete several forms prior to participation. These forms may be found on our website. Once the forms are complete, send to Ruth Ray at r-ray@saintx.com in the Athletic Department. Please remember that we will only accept the 2023-2024 Saint Xavier High School form. No other forms will be accepted. Incomplete forms will not be accepted.

Forms for the upcoming school year are due in the Athletic Office by June 1. Only one form is required per school year. You are not required to submit multiple forms if you plan to participate in more than one season. However, please keep in mind that the physical examination form is only valid for one year from the date it was administered. AN EXPIRED PHYSICAL WILL RESULT IN IMMEDIATE INELIGIBILITY.

If you have questions about Saint Xavier athletics, please do not hesitate to call the Athletic Department. You may reach us directly at 502.635.5300 or via email.

Sincerely,

Denny Williams
Athletic Director