

Release from COVID-19 Home Isolation Mild to Moderate Illness

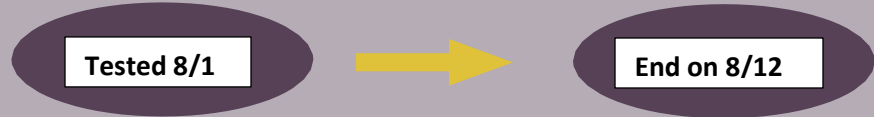
For people with known or suspected COVID-19 *who had symptoms (mild to moderate)* and were ordered to home isolation, you can end home isolation when:

1. You have been recovered for at least 1 day (24 hours) AND 10 days have passed since the first symptoms started

Recovery means

- No fever (100.0°F or higher) without medicine **AND**
- Improved diarrhea (no more than 3 loose stools in 24 hours) **AND**
- Your other symptoms have IMPROVED **AND**
- At least 10 days have passed since symptoms first started

For people who tested positive *but never had symptoms* you can end home isolation when at least 10 days have passed since the test. **Additional testing is not recommended and will not be considered for extending isolation.**



For people with close contact to someone with COVID-19 and *who had symptoms (mild to moderate)* and were ordered to home isolation, you can end home isolation when:

1. You have been recovered for at least 1 day (24 hours) AND 10 days have passed since the first symptoms started

Recovery means

- No fever (100.0°F or higher) without medicine **AND**
- Improved diarrhea (no more than 3 loose stools in 24 hours) **AND**
- Your other symptoms have IMPROVED **AND**
- At least 10 days have passed since symptoms first started

For people with close contact to someone with COVID-19 *but who have no symptoms* and were instructed to home quarantine, you can end home quarantine:

- 14 days after last contact with someone with COVID-19 **IF** you remain symptom free
- **IF** symptoms develop during 14 day quarantine follow above guidance "For people with close contact to someone with COVID-19 *who had symptoms*"

Mild Illness: mild symptoms with **NO** shortness of breath and **NO** abnormal chest x-ray or imaging.

Moderate Illness: moderate symptoms that included shortness of breath AND/OR persistent cough AND/OR abnormal chest x-ray or imaging

These instructions are based on Centers for Disease Control and Prevention (CDC) and Kentucky Department for Public Health (KDPH) guidance.

CALL your healthcare provider if you feel you have COVID-19 and follow their advice.

Kentucky COVID-19 Hotline 1-800-722-5725

More information: kycovid19.ky.gov

Stay up to date on the coronavirus outbreak with reliable sources such as the CDC and World Health Organization.

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