



## Our Place in Nature Retreat

Sophomore participants will be guided to recognize their roots in nature and their connection to the bigger world. They will walk trails, listen to guided meditations, and have the opportunity to get their hands in the dirt while serving to maintain the forest and wetlands at the Passionist Earth & Spirit Center. It will be a time of discovery, introspection, and small group sharing, culminating in a new understanding for their place in this world.

DATE: Tuesdays: September 10, September 17, 2024

SCHEDULE: Arrive to school - leave any books/backpack/iPad/cell phone at home or in locker. Report to first period class – B for attendance and announcements. Immediately after WSTX concludes, leave the classroom and report to Chapel prior to loading the bus.

TRANSPORTION: Bus departs St. X at 8:15 a.m. and returns by 2:30 p.m.

DRESS: Wear casual clothing appropriate for the weather and easy to move in. Wear outdoor, hiking or athletic shoes, no sandals or open toed shoes. They may get dirty.

FOOD: One sandwich, bag of chips, fresh fruit and cookies will be provided for each student. Students may bring additional food for lunch if desired. Additional food should be in a single bag marked clearly with the student's name.

DRINK: BRING A REFILLABLE WATER BOTTLE.

COST: \$50 If a payment is due, a statement will be emailed to the student and parent.

PERMISSIONS: Two permission forms are required.

1. [St. X Permission Form](#) is available online and may be completed electronically. If a paper copy is needed, [print](#) and return with parent signature to the Campus Ministry Office.
2. Earth and Spirit Center requires a PARENT CONSENT form for each student. Link to this form is on [www.saintx.com/retreatinfo](http://www.saintx.com/retreatinfo) under the Sophomore Retreat heading. Signed forms may be emailed to [retreat@saintx.com](mailto:retreat@saintx.com) or a paper copy submitted to Campus Ministry

Both permission / consent forms are due 1 week prior to the retreat.