

Senior Wilderness Retreat – Fall 2022

Student Packing List

I went to the woods because I wished to live deliberately, to front only the essential facts of life, and see if I could not learn what it had to teach, and not, when I came to die, discover that I have not lived."

Henry David Thoreau

Items to Bring On Retreat!

- Rain gear (poncho or rain suit)
- Jacket, hat, gloves (as needed)
- Clothes (bring only what's necessary, but be prepared for cold weather)
- Hiking boots/sturdy shoes (no flip-flops or sandals while hiking)
- Extra pair of shoes
- Sleeping bag, pillows (Sleeping bags should be rated for at least 30 degrees. If yours is above that or unrated, an extra blanket is recommended.)
- Roll-up mat or blanket to sleep on (optional, but recommended)
- Bowl, cup, utensils
- Refillable water bottle or Camelback
- You can bring a hammock if you have one
- Personal toiletries (toothbrush, toothpaste, deodorant, etc. Remember, there are no showers available on the retreat. Please do not bring any more than this, as excess scented toiletries can attract wildlife.)
- Folding chair/camp chair
- Flashlight/headlamp
- A positive attitude and a willingness to work and live in community.

What Not to Bring On Retreat!

- Cell Phones will be collected. You can have access to it in case of an emergency. Going without connection to the outside world is necessary for a meaningful retreat. You will get it back on the bus ride home on Friday.
- Personal electronic devices (iPods, video games, etc.)
- Food, candy, soft drinks, etc. (Very important for wildlife control. We will provide you with plenty of food.)
- Tobacco products
- Drugs, alcohol, etc.

Wednesday When You Arrive at School

- Come dressed in regular school attire
- Bring bags/gear to the chapel
- All seniors attending will eat during E. period lunch
- F period retreatants will change clothes and will meet in chapel.
- We will all leave by 11:30am

****All school policies found in the student handbook apply while you are on retreat.****

It is essential that you come to this retreat with the right attitude. It is not a time to "Do your own thing." You are given the opportunity to slow down and listen to what is inside of you and to live in community with your brothers. We welcome you on this great experience and we ask only that you bring your best self. We want this retreat to continue for years to come. Its future success depends on you taking the retreat seriously and obeying all rules and guidelines.