

Senior Wilderness Retreat – Spring 2023

Student Packing List

Items to Bring On Retreat!

- Rain gear (poncho or rain suit)
- Jacket, hat, gloves (as needed)
- Clothes (bring only what's necessary, but be prepared for cold weather)
- Hiking boots/sturdy shoes (no flip-flops or sandals while hiking)
- Extra pair of shoes
- Sleeping bag, pillows (Sleeping bags should be rated for at least 30 degrees. If yours is above that or unrated, an extra blanket is recommended.)
- Roll-up mat or blanket to sleep on (optional, but highly recommended)
- Bowl, cup, utensils
- Refillable water bottle or Camelback
- You can bring a hammock if you have one
- You can bring your own tent if you have one (not required)
- Personal toiletries (toothbrush, toothpaste, deodorant, etc. Remember, there are no showers available on the retreat. Please do not bring any more than this, as excess scented toiletries can attract wildlife.)
- Folding chair/camp chair
- Flashlight/headlamp
- A positive attitude and a willingness to work and live in community.

What Not to Bring On Retreat!

- You will be encouraged to turn in your cell phone. You can have access to it in case of an emergency. Going without connection to the outside world is necessary for a meaningful retreat. You will get it back on the bus ride home on Friday.
- Personal electronic devices (iPods, video games, etc.)
- Food, candy, soft drinks, etc. (Very important for wildlife control. We will provide you with plenty of food.)
- Tobacco/vape products, drugs, alcohol, etc.

Wednesday When You Arrive at School:

- *You must have someone drop you off at school as you may not leave your car overnight.*
- Come dressed in regular school attire
- Bring bags/gear to the chapel
- All seniors attending will eat during E period lunch
- At the beginning of F period retreatants will change clothes and meet in chapel.
- We will all leave by 11:30am

****All school policies found in the student handbook apply while you are on retreat.****

It is essential that you come to this retreat with the right attitude. It is not a time to “Do your own thing.” You are given the opportunity to slow down and listen to what is inside of you and to live in community with your brothers. We welcome you on this great experience and we ask only that you bring your best self. We want this retreat to continue for years to come. Its future success depends on you taking the retreat seriously and obeying all rules and guidelines.